

SOLEIL SPA EMBRACES ANCIENT INDONESIAN
HEALING ARTS BY CRAFTING UNIQUE RECIPES
INSPIRED BY TIME-HONORED RITUALS AND REMEDIES.
WE BLEND THE FINEST LOCAL INGREDIENTS WITH
TOP-QUALITY PURE ESSENTIAL OILS AND NATURAL
SKINCARE PRODUCTS SOURCED FROM BALI AND
BEYOND.

You are warmly invited to experience the crafting of our spa recipes, as our skilled therapists expertly prepare your selected treatment using time-honored techniques. Immerse yourself in the essence of wellness that will aid in restoring "the true you."



#### **SCHEDULING**

To schedule an appointment, please contact your butler or call +6285337811606

#### **ARRIVAL TIME**

We kindly ask that you arrive at Soleil Spa at least 15 minutes before your scheduled service. This will give you time to check in and complete your Spa assessment. Please be aware that services for late arrivals will conclude at the originally scheduled time.

#### **ATMOSPHERE**

To ensure a peaceful relaxation experience for our guests, Soleil Spa maintains a smoke-free and cell phone-free environment. We also ask that you keep your voices low while in the spa.

#### **HEALTH AND SAFETY**

We highly recommend completing the Soleil Spa assessment form before your treatment. Please inform your therapist if you are pregnant or have any medical conditions.

#### **DURING TREATMENT**

If you feel uncomfortable at any point during your treatment, please let your therapist know. If the massage pressure does not feel right, we encourage you to communicate with your therapist so adjustments can be made.

#### **CHANGE AND CANCELLATION**

If you need to change or cancel your appointment, we kindly request that you notify Soleil Spa at least four hours before your scheduled time.

#### UBUD MAS SIGNATURE MASSAGE 60 minutes - IDR 500.000++/ person 90 minutes - IDR 700.000++/ person

Exclusively created by Soleil Spa, this therapeutic massage is designed to relieve aching muscles through a unique combination of techniques. The treatment begins with acupressure to target pressure points, followed by long strokes and deep tissue massage to ease tension. Lomi-lomi techniques enhance relaxation, and the session concludes with a soothing foot reflexology massage, promoting deep relaxation and overall well-being.

## BACK, NECK, AND SHOULDER MASSAGE 60 minutes - IDR 400.000++/ person

This massage therapy is widely recognized in the medical community as an effective treatment for various types of back pain and as a complement to other medical treatments. It enhances blood flow and circulation, delivering essential nutrients to muscles and tissues. The helps reduce muscle tension. massage improving flexibility, alleviating pain from tight and promoting better sleep. muscles. Additionally, it boosts endorphin levels, the "feelgood" chemicals in the brain, which can reduce pain and accelerate recovery. This treatment is especially beneficial for those suffering from chronic back, neck, or shoulder problems.

### FOOT REFLEXOLOGY MASSAGE 60 minutes - IDR 400.000++/ person

Reflexology is based on the principle that reflex points on the feet correspond to organs and structures throughout the body. This therapeutic massage stimulates these points to promote balance and enhance overall well-being, helping to reduce stress and improve circulation

## PREGNANCY MASSAGE 60 minutes - IDR 600.000++/ person 90 minutes - IDR 700.000++/ person

Therapeutic massage has been used for centuries to promote overall health, reduce stress, and relieve muscle tension. Prenatal massage has received mixed responses, but modern research confirms its effectiveness in supporting women's prenatal care. It can help ease discomfort and enhance relaxation during pregnancy when performed by a trained therapist.

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### EAR CANDLE THERAPY MASSAGE 45 minutes - IDR 480.000++/ person

This treatment focuses on the ears, with gentle acupressure on the neck, combined with warm scents and a calming head massage to help alleviate stress and promote relaxation.

# TRADITIONAL BALINESE FACIAL WITH NUTRI CLEANSING 60 minutes - IDR 520.000++/ person

This luxurious facial includes a nourishing and hydrating treatment designed to rejuvenate your skin. It begins with a deep cleansing to refresh and restore your complexion, followed by a gentle exfoliating scrub. A relaxing steaming massage with candlenut oil helps to open pores and enhance absorption of the active ingredients. We then apply a soothing blend of honey and sliced cucumber to deeply nourish and moisturize the skin, leaving it soft, hydrated, and glowing. This facial is particularly recommended for acneprone, dehydrated, or sunburned skin, providing essential hydration and balance.

## NATURAL FACIAL 60 minutes - IDR 520.000++/ person

Using high-quality natural skincare products, our therapist will gently cleanse, steam, and exfoliate your skin to remove impurities and promote a fresh, glowing complexion. If necessary, manual extraction will be performed to ensure clear skin. The treatment is further enhanced with a soothing and uplifting facial, neck, and shoulder massage to relieve tension and promote relaxation.

To finish, a Spirulina facial mask is applied, followed by a moisturizing treatment after toner to support skin repair and maintain optimal hydration levels. All our facials are designed to restore youthful vitality, leaving your skin with a radiant and natural glow.

#### **MANICURE**

60 minutes - IDR 700.000++/ person With Flower Nail Art, 90 minutes -IDR 880.000++/ person

Start with a relaxing hand wash, followed by cuticle treatment and fingernail trimming. We will exfoliate your hands with a soothing scrub and finish with a calming hand and lower arm massage. You can choose to complete the treatment with your preferred nail polish or enjoy a natural finish without polish.

#### **PEDICURE**

60 minutes - IDR 700.000++/ person With Flower Nail Art, 90 minutes -IDR 880.000++/ person

Enjoy a refreshing and relaxing pedicure starting with a foot wash, followed by cuticle treatment and toenail trimming. We will remove any old polish, exfoliate your feet with a soothing scrub, and finish with a relaxing foot and lower leg massage. You can choose your preferred nail polish color to complete the look.

#### SOLEIL SPA PACKAGE 90 minutes – IDR 660.000++/ person

Indulge in a luxurious treatment beginning with a refreshing foot wash, followed by a relaxing Balinese massage to ease tension, and a rejuvenating facial massage to refresh and revitalize your skin.

### CEMPAKA PACKAGE 90 minutes -IDR 720.000++/ person

Start with a soothing foot wash, followed by a traditional Balinese massage to relax your body. A refreshing body scrub exfoliates your skin, and you'll finish with a relaxing shower.

## JEPUN PACKAGE 60 minutes -IDR 440.000++/ person

This package focuses on relieving tension with a calming foot wash, a relaxing back, neck, and shoulder massage, followed by a soothing head massage and foot therapy massage to restore balance and energy.

### CENDANA PACKAGE 90 minutes -IDR 700.000++/ person

Experience a calming foot wash, followed by a full-body massage to relax your muscles, and finish with a therapeutic ear candle treatment to promote relaxation and balance.

## PADI PACKAGE 60 minutes -IDR 700.000++/ person

This package includes a rejuvenating face massage, an invigorating Indian head massage to release stress, and a relaxing ear candle therapy to enhance overall well-being.

## INNER BEAUTY PACKAGE 180 minutes -IDR 1.600.000++/ person

Experience a full-body pampering session that includes a foot wash, soothing body massage, exfoliating body scrub, a rejuvenating facial, and a luxurious flower bath to restore radiance and beauty from the inside out.

### SHITA PACKAGE 120 minutes -IDR 920.000++/ person

Enjoy a relaxing foot wash, a calming body massage to relieve tension, and a refreshing facial to nourish and rejuvenate your skin.

## WARM STONE MASSAGE 90 minutes -IDR 720.000++/person

Experience the healing power of heated natural coastal stones in this luxurious treatment. The warmth of the stones helps to relax tight muscles and stimulates blood circulation, providing a soothing effect that promotes deep relief and relaxation for the body. Allow yourself to unwind completely as the tension melts away, leaving you feeling rejuvenated and balanced.

# HONEYMOON PACKAGE (COUPLE) 120 minutes -IDR 2.120.000++/ couple

Share an intimate and relaxing experience with your partner, starting with a soothing foot wash, followed by a relaxing body massage and exfoliating body scrub. Enjoy a rejuvenating yogurt body mask, followed by a refreshing shower and a luxurious flower bath to end the experience.

